

SACRED CURRENTS

feng shui



This time of year we see a lot of **RED**...ribbons, point setters, decorations of all kinds. Religion aside, red and green are the colors associated with the holiday season. OK it is true, for 8 days we do see a bit of blue and white for Hanukkah. Happy Hanukkah to those of us celebrating!

In the practice of feng shui and [five element theory](#), green and red represent the elements wood and fire respectively. In the darkest days of winter, nature is not abundant in color. Seeing these holiday colors reminds us of life and warmth. Specifically the wood element relates to growth, new beginnings and family. The fire element represents light, recognition of one another and spiritual enlightenment. Which all sounds like the spirit of the holidays to me - be it Christmas, Hanukkah, Kwanza or your own brand of celebration.

Yet year round, the color red represents auspiciousness and protection in feng shui. The traditional use of red envelopes for compensation or gifts is a classic example. Red string is something that is used in countless feng shui adjustments. Whether to 'cure' fighting doors (doors that hit one another), enhance health, insure safe travels, or to help sell your home, the use of a red string in combination with other things will magnify your intentions.



Similarly, wearing a thin red string as a talisman is a Jewish folk custom to ward off misfortune brought about by the "evil eye". It is popularly thought to be associated with Kabbalah, a mystical tradition.

In Hinduism, priests wear red string on their wrists while performing sacred ritual. They also tie these strings on all who attends the ceremony - right wrist for men and unmarried women, left wrist for married women. It is to remind them that they are partaking in a sacred act.

To support an auspicious and safe new year, consider a [Feng Shui Consultation Gift Certificate](#) in any amount (starting at \$150) as a gift to yourself or someone important on your list. It will be sent in a beautiful red (of course!) envelop, tied with red string. Or if you prefer It will sent electronically, surrounded by auspicious red envelopes.

I consult around the world by phone, Skype, and email and regularly travel to all 5 Boroughs of NYC, Westchester, Upstate NY, LI, NJ, PA, CT and beyond.



Chinese New Year is February 8th, 2016. It is not too early to update your feng shui adjustments and find out what the Year of the Fire Monkey has in store for you. Write me and we can discuss it.

***May these last days of 2015 be Auspicious + Safe.
With Peace, Judith***

Integrative Interior Design ~ Feng Shui Consulting ~ Space Clearing
Judith Wendell 212-410-1832 917-903-9390
www.sacredcurrents.com judith@sacredcurrents.com