

SACRED CURRENTS

feng shui



The prospect of spring has me taking a deep sigh of relief and pointing my face to the sun. Even though we had hail in NYC yesterday, spring is in the air. The daffodils are pushing through the surface, the sun is getting stronger and the days longer. These things make me feel more expansive, which in turn motivates me towards change.

Since we can all use a fresh impulse this season, I've come up with **3 Easy Things** to do that will guarantee **New Opportunities and Kick Start Spring**:

- Check your **DOORS** - yup that's right. Make sure every door in your home and office swings open a full 90 degrees. So no shoes, coats, recycling, or anything in the way. Are any of your doors a struggle to open doors a struggle to open, have a loose handle, or squeak? Fix them! Every door is literally a new portal (**new opportunity**.) In feng shui we call this portal or doorway, the 'mouth of chi'. As we know it is the 'mouth' that feeds whatever the entity (or entry) is! So if your door is blocked, a struggle or annoying in anyway - guess what? You got it! It is that simple -just do it, fix it, replace it and intend that this physical improvement 'feed' new opportunities in your life.

- I find many people are afraid of **COLOR** on their walls. There is nothing that speaks of spring more than the colors that start to appear around us. So if you are



not ready to paint an accent wall, (which can look dynamic if it is the right wall, in the right color of course - [call me and I'll help!](#)) try an accessory or new bright pillows. Perhaps a large red vase to enhance your reputation, a wavy blue abstract painting to give your career a boost, or a pair of yellow, beige or orange pillows in your bedroom to solidify your relationship (that right, they don't have to be pink.) These 'adjustments' should be in there proper gua (feng shui sector) and coordinated with your taste, budget and decor. One of my favorite and inexpensive ways to introduce color in a room, is to buy a stretched canvas and paint at the art supply store and bingo! A few coats of paint and I can hang color on my wall (Mark Rothko move over). Kidding aside, a saturated color on a canvas big or small in the right spot can be dramatic and a highly effective feng shui adjustment.



- I know we are all good samaritans, but consciously doing a **GOOD DEED** everyday beyond your usual courteous behavior, will go far to extend our energy field. This is another way to invite in good chi. For a good deed to truly be a good deed we must expect nothing in return. Yet the law of karma is always in existence, and as they say, 'what goes around comes around.' So try it for 9 or 27 days and if you take it on and don't miss a day, see how new opportunities start to appear.



WISHING YOU A SEASON OF EXPANSIVE NEW BEGINNINGS,
Judith Wendell / Sacred Currents

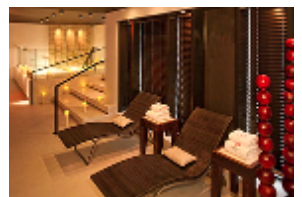
HERE'S WHAT ELSE IS NEW...

I have a new online course, "[Designing Healing Spaces with Feng Shui](#)".

Are you an acupuncturist, spa owner, healer or an M.D. who would like to enhance your practice by creating an environment that is healing, relaxing and rejuvenating? Would you like to learn about Feng Shui techniques that will help your business become more financially lucrative?

This course is for you if you are:

1. Interested in learning about how your environment can promote well being and recovery.
2. A business owner of a space or healthcare facility and would like to create a more welcoming and healing environment.
3. Looking to open a new practice + would like to apply Feng Shui principles that will help grow your business.
4. A healthcare practitioner or business owner that is suffering financially.
5. A feng shui practitioner who would like to apply feng shui principles to healing spaces.



[Find More Information Here](#)

I would like to introduce you to a dear friend and colleague, who's work I admire and have benefited from. His name is **ALYAM**, (pronounced 'a-lai-am') and he is an internationally recognized intuitive, medium and fine artist.



For the past twenty-seven years, Alyam has helped facilitate both groups and individuals arrive at a greater sense of balance and well-being through his gifts as a clairvoyant, clairaudient and clairsentient. Alyam works at removing obstacles which may hinder growth; thereby clearing a path for healing and self-empowerment.

As a sacred artist, Alyam invokes and blesses each original work of art so they can become imbued with sacred power. Each time they are used, they become stronger in their effectiveness and can very often produce transformational changes in what we refer to as the miraculous. Please check out Alyam's art and book an appointment with him for a profound reading at www.guidanceandlight.com



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