

# SACRED CURRENTS

feng shui



Most of us are inspired by Spring. We are naturally energized by more light and the rising *yang* (active) *chi* of nature as it comes out of its *yin* slumber. New smells, warmer temperatures, the promise of blooming trees all support the 'wind' at our backs so to speak.



I encourage you to use this time to start something new, complete something old, walk down a street you haven't before, challenge yourself in some new way. One of the associations of '*Jen*', the spring season on the the *bagua* (feng shui template), is the foot. So when we choose to step into something new during this time, the season's energy conspires to support us.

In traditional Chinese medicine, the spring season relates to the liver. The liver is an organ of purification. So the notion of 'spring cleaning' is literally aligned with the body. Our home is the 'second' environment we live in and whatever we can do to purify it during this period has a particularly positive impact as well. If I can offer you any support to get started, please be in touch. If you are in the tri-state area take a look my course below. It's an interactive workshop I rarely teach and love.

*Wishing you an inspired spring, Judith*

## [Space Clearing with Feng Shui: Using Intention for Lasting Change](#)

*Is your life feeling stuck and you really don't know why?  
Are you starting a fresh chapter in your life or want to?  
Are you moving to a new home or office?*

Feng shui is the ancient and ever more popular Chinese art of designing harmonious environments to promote health, happiness and prosperity. One very important practice in feng shui is the energetic "cleansing" or "clearing" of a site before engaging in an important activity or occupying a new space.



In this class feng shui expert Judith Wendell will first explain the role of ritual in all cultures and the importance of intention then

teach us how to:

- Perform specific rituals, blessings and chants to cleanse, consecrate and empower environments
- Create the underlying conditions that will permit further feng shui adjustments to work most effectively
- Use the Buddhist "Heart Calming Mantra" to start rituals;
- Build and use altars and flower offerings
- Seal doors, stoves and drains
- Use ceremonies to release old energies and relationships and protect yourself; and much more

No prior experience in feng shui is required.



*Please join me for a WEEKLY COURSE that I rarely get to teach!*

At the New York Open Center - Get details on the **link below**  
**(4 sessions) Thursdays, April 3-24, 2014 6pm - 7:45pm**

[14WAF01T register here](#)

**Members: \$140 / Nonmembers: \$150**

**[Early Bird rate \\$130/\\$140 has been extended to March 27 THERE IS STILL TIME!](#)**



In case you are not already familiar with Judith Wendell (BS, BTB MFS), she is the founder of Sacred Currents Feng Shui Integrative Design, Judith graduated from the BTB Feng Shui Professional Training Program in 1999. Her work includes feng shui, space clearing and integrative interior design for residential and corporate clients.

Since 1996, Judith Wendell, New York Feng Shui consultant and interior designer, has been explaining to her clients how their environments affect their life situations and then helping to improve them. Wendell's expertise has been lauded on the NBC TODAY Show with New York real estate guru Barbara Corcoran, when she offered advice on selling a home in a down market. This year she has been consulting with the Baccarat Residences + Hotel being built across from MOMA in Manhattan. "At the Baccarat, Ms. Wendell was hired to work with the architects and designers to ensure that chi, or cosmic energy, flows freely and brings good fortune to the residents, developers and investors alike." - NY Times 1/14/12

In the NY Times Dining Section August 6, 2003, Alex Witchell said, "Candle 79 hired Ms. Wendell to go where no contractor had gone before and fix what seemed to be ailing the two-story town house..." Mr. Potenza owner of the new Candle 79 was enthusiastic, "We used feng shui in the Third Avenue location and after being in business there for nine years and going strong, we think it's an element that has added to its overall success."

According to Wendell, every building is like a sponge. If the tenants who occupied an office, home or retail space were happy and successful, the next owner will inherit their good 'chi' or life energy. Conversely, even a distant history of negativity or disturbances in the land can affect current usage. But steps can always be taken to improve the situation.

Ms. Wendell is called upon to help corporations, retailers, spas, restaurants and homeowners with everything from health and financial issues, to improving their business and personal relationships. With her gentle approach and an accent on the positive, Wendell says: "The clearing of an environment or building site preserves the good and cleanses the less auspicious. The timeless rituals I perform have been practiced in all cultures to honor the land and consecrate dwellings."

Ms. Wendell holds a three-year accredited degree from the BTB Feng Shui Professional Program. Her knowledge of both classical Flying Star and Form School feng shui inform all her consultations. She brings a successful career in fashion as well as training in interior design and a lifelong interest in architecture to her work - recognizing that beauty and order are integral to well being and success. Judith Wendell has also appeared in The New York Times, New York Magazine, ELLE Magazine, Spa Business, Fuji Japanese TV, New York Post, Time Out, NY1 News, Conte Nast Traveler Magazine, Glamour, PBS, Real Estate Weekly and others.

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Integrative Interior Design ~ Feng Shui Consulting ~ Space Clearing  
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