

# SACRED CURRENTS

feng shui



## The Year of the Metal TIGER ~ 2010

Newsletter 17 - February, 2010

*The LUNAR NEW YEAR is celebrated primarily by people of Chinese, Korean, Vietnamese, Tibetan and Mongolian heritage in many parts of the world. In the United States as elsewhere, the occasion is marked in various ways, including parades, parties, exchanging red envelopes with 'good luck' money (especially for children) and with lots of traditional foods.*



*Dancers wearing Lion heads made of paper mache or in a long Dragon costume, delight crowds. These traditional figures along with firecrackers (now banned in many cities of the US) are intended to appease the gods and scare off evil spirits.*

*The 2010 Year of the Tiger is coupled with the Metal element. Each of the 12 zodiac animals travel through the 5 element cycle and thus a complete cycle is 60 years. In centuries past, this was considered the life span of a person (if you were lucky!)*



*These days the fortunate among us may live well into a second 60-year cycle (especially with good Feng Shui ;-). According to H.H. Grandmaster Lin Yun, the Tiger is viewed by many as the king of the beasts and the 'gold' (Metal) element suggests that this Tiger is particularly noble, elegant and extraordinary. He writes that this year is very profitable for those in the East and West, while less so for those in the South and if you're in the North your opportunities will be few.*

*Each of the 12 signs will have their own destiny this year. To see what the year may bring for you, please refer to the influences each of the [zodiac animals](#) will be subject too on my website. There you will also see how to receive information on the various rituals that can provide protection as well as enhance for your year.*

*For all of the signs other than the Monkey and Snake, a 3-dimensional Pig hanging off your keys or cell phone is a traditional talisman. The Monkey and Snake are challenged by being in conflict with the Tiger this year (and they are certainly not friends with the Pig.) For them carrying both the Dog and Horse (which are in the 3-Harmony position with the Tiger and friend to the Snake and Monkey) will ward off the worst of the Tiger's bite. Again please, refer to my site to see how to order these wonderful \$9.00 [serpentine charms](#). If you are interested in harmonizing with all the signs (particularly good for those in difficult relationships), there is a talisman with all 12 carved animals (it is not on the site so you'll have to [drop me a line](#).)*



*Thoreau wrote: "It is something to be able to paint a particular picture or carve a statue, but it is far more glorious to carve and paint the very atmosphere and medium through which we look...to affect the quality of the day - that is the highest of arts." Regardless of our astrology this year, we should remember that we always have our free will and the ability to affect the quality of the day!*

**If you recognize the need to update your Feng Shui (yes, each year things change and need adjusting) and/or want to formally 'clear' your office or home, [connect with me](#), and we can discuss what is right for you.**

Feng Shui can improve your business by helping to:



- attract new customers/business opportunities
- enhance the company's reputation & profile
- increase productivity



Feng Shui can be beneficial personally if: your life feels 'stuck'

- you have financial problems, you've recently moved
- you're experiencing health problems
- there's been family discord
- you're in a life transition, such as marriage, divorce or new job

Read more about how [Feng Shui](#) works.

[See Our New Homepage](#)



[Press & Archived Newsletters](#)

[Testimonials](#)

Lest I forget...  
HAPPY VALENTINE'S DAY!



## Influencing the Year



A traditional

way to prepare for the Lunar New Year is to thoroughly clean house in anticipation for the year ahead. Many of us are challenged in this regard - especially in letting go of 'stuff.' I am certainly in that category, so to get in gear this year, I did two juice cleanses recently.

OK, I was less than perfect in these attempts to start my new year squeaky clean from the inside out, but it got me on track. I've purged my book shelves, deleted files from my computer and I'm, still cleaning closets (some things are endless.) I have found that this process is less painful when you can share it with a friend - perhaps trade a few hours at each of your homes.

What I do love is ritual and the traditional ones for the New Year are 'Welcoming in the Wealth God', 'The Golden Cicada Sheds its Shell' and 'Changing the Chi of Your Home', to name a few.

These are all powerfully protective and life enhancing rituals but they do not take the place of the mundane ones (like cleaning and tossing.) The balance of esoteric and mundane rituals represents the need for both 'yin and yang' solutions in making the most of our life circumstances.

I often quote the 18th century designer William Morris who said, "Have nothing in your homes that you don't know to be useful or believe to be beautiful." I think this is an apt prescription for the new year and if we can simply take this on, by year end there will be more space in our lives to fill with what we truly want and need.

In addition, many of the zodiac signs have the suggestion to do a good deed each day in their astrology this year (or 10 a day for 27 days.) The old saying goes, "A single act of benevolence can avert a thousand evils." There is no refuting that the world would be a better place if we all heeded this advice! There is a link in the column to the left if you'd like to see your astrology for 2010.

I wish you every blessing for your health, loving relationships and sweet success, in this year of the Golden Tiger. **'Gung Hey Fat Choy'** (Wishing You Prosperity),

Judith