

SACRED CURRENTS

feng shui



Fall 2010 ~ A Season of Change

Newsletter 21 - October, 2010

Some of us have already experienced the vulnerability the Fall season can create. As we move from the expanded season of Summer, to the contracting season of Fall, we can get sick more readily or feel more sensitive.

Metal is the Element associated with Fall and its chi is virtue. Speaking up for what is just, right and ethical is balanced Metal in an individual. Metal displays itself in excess when someone is too demonstrative or self-righteousness. While a very low amount of Metal chi appears as shyness, being withdrawn or having a 'choked' quality to the speech.

When Metal is balanced in us we have the ability to complete things in a timely fashion allowing ourselves to enjoy the fruits of our efforts. Balanced Metal also indicates that we have helpful people (benefactors) in our life and can manifest more when needed.

In addition to the Feng Shui adjustments I offer my clients for their homes and businesses, personal chi adjustments are sometimes also needed. When I came across the following Metal adjustment in my newsletter of last Fall, I thought it was worth reprinting below. If you would like to read any of my past newsletters please [click here](#).

Purchase a new, entirely non-metallic (jade, onyx, lapis, carnelian) ring and put in under your mattress for nine days where it accumulates your chi. Then wear the ring on your middle finger which represents yourself according to Chinese palmistry. Women wear the ring on the yin side of the body or right hand while men wear it on their left. The ring should be worn for at least 27 days or until one's Metal chi is adjusted (it can be worn indefinitely.) This transcendental adjustment should be reinforced with the Three Secrets (for those of you that are familiar with them) or simply with your intentions. If within the first 27 days the ring breaks, buy a new and more expensive one. Then start the ritual from the beginning.



As the year ends and nature is contracting, balancing your environment with space clearing and feng shui will keep you in good stead for the winter's yin time, holiday season and the year ahead.

"SPACE CLEARING RITUALS" ~ Please Join Me

The energetic cleansing or clearing of an environment to uplift and enliven the life force of the space is an ancient ritual practiced in every culture. Scientists and mystics agree that the universe is composed of energy, which pervades and affects everything in our lives. Clearing stagnant energy from our home and workplace can help to improve all aspects of our lives.

In this class, we will learn how to perform specific techniques, rituals, blessings and chants from a variety of traditions to cleanse, consecrate and empower our environments so that they can better support us in fulfilling our intentions. The material covered will include: clearing a space with smoke, dowsing and sound; the importance of intention; and the use and construction of altars and flower offerings.

A WEEKLY COURSE

(3 sessions) Mondays

November 22 - December 6, 8-10pm

10FSIO5T

Members: \$90 / Nonmembers: \$100

[register here](#)

**There is a FREE Introductory Class
Monday Nov 15th at 8pm.**

IF, you can't make all 3 classes, not to worry!...simply call the registration office and tell them I've approved you coming for only 1 or 2 of the classes...hey it's a busy season!...BUT if you can make all 3 classes you'll be very happy your did!



**The New York Open Center has moved to:
22 East 30th Street 212-219-2527**



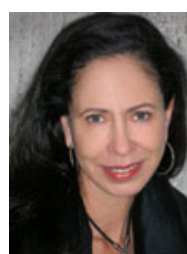
Is your child working to their optimum in school? Make sure they are sleeping and doing their homework in one of their 4 auspicious directions, as well as in the command position of the room. [Please call](#) for you'd like more information about designing your child's room for health and success.

Read more about how [Feng Shui](#) works.



[Press & Archived Newsletters](#)

[Testimonials](#)



Since my last newsletter, Feng Shui has been quoted on CNN International Business News, in the New York Times and in New York Post. Each one stated that Feng Shui has influenced the fates of a number of real estate deals in NYC.

Lois Weiss' article in the **NY Post** "A Matter of Feng Shui" (8/25/10), says, 'Vornado Realty Trust's proposed 15 Penn tower could create negative "chi" -- energy -- in the neighborhood and kill a major deal at the Empire State Building.' In this article I am quoted as saying, "It is diminishing the 'chi' away from the Empire State Building...the building is getting swallowed up and its potency is diminished."

In the **NY Times** Article, "When Feng Shui Helps Determine a Deal's Fate" (8/24/10), it was stated that "Michael Heaner, a partner of the Kaufman Organization, said he had seen many deals fall through because of bad feng shui. For companies that put stock in it, therefore, Mr. Heaner has learned to ask for their feng shui master to examine the space before negotiating a lease. 'Frequently you'll get all the way down the road and figure out that the space really does not have the proper feng shui,' he said."

CNN International interviewed a NYC commercial realtor and me to discover the importance of Feng Shui to both Asian buyers investing in New York as well as to American businesses that recognize this time honored tradition.

To read or listen to these commentaries in their entirety, check out **PRESS** at sacredcurrents.com.

If you'd like to discuss how your environment can influence your projects, relationships and health, I'd be happy to discuss your unique circumstances.

Sometimes it is very small changes in your home or office that make the greatest difference. If you've just moved or have experience a life altering event Feng Shui will greatly enhance your transition.

***Wishing you a successful,
warm & safe season.***

Judith Wendell

[Forward email](#)

[SafeUnsubscribe®](#)

This email was sent to judith@sacredcurrents.com by judith@sacredcurrents.com.
[Update Profile/Email Address](#) | Instant removal with [SafeUnsubscribe™](#) | [Privacy Policy](#).

Email Marketing by

