

SACRED CURRENTS

feng shui



Year of the Metal Rabbit

Newsletter 22 - February, 2011

For those of us less familiar with the Chinese Zodiac, it is made up of 12 animal signs and 5 elements, comprising a 60-year cycle. This is the year of the Metal Rabbit or Golden Hare. According to ancient lore, Buddha invited all of the animals in the world to join him for the New Year celebrations, but only 12 animals bothered to turn up. As a great reward, Buddha named a year after each and they run in the order that the animals arrived to celebrate with Buddha, starting with the Rat and ending with the last guest, the Pig. You can read about the 5 elements at [Sacred Currents](#).



According to Flying Star Feng Shui, for every environment the Northwest sector is where wealth is coming from in 2011 and the East is the source of negativity. It is advised to stay away from renovations and other activities in the East. In addition a 'Salt Cure Adjustment' will help to mitigate

any ill from the Five Yellow Star in the East. Conversely, open up the Northwest, clear all clutter and let the prosperity flow in.

Each zodiac animal has its own qualities that are consistent year to year, yet every sign will be influenced by that year's animal sign. Below there is a link to each animal's predictions for this year. There are a number of transcendental adjustments recommended for each sign, including carrying a 3-dimensional, Dog, Ram and Pig (the luck animals for the year depending on your year of birth.) Instructions for acquiring them are on the site.

It is a good idea for all of us to 'clear house' both physically and metaphorically. In other words, clean up outstanding debts, issues and generally complete things. All signs will do well to perform the 'Golden Cicada Sheds Its Shell' ritual, along with 'Welcoming in the Wealth God' and 'Changing the Chi of the Environment'.

Please note that fortunes can be mitigated or enhanced with Feng Shui, rituals, meditations and transcendental adjustments. A personal astrological reading will reveal more specifics for each month. It is good to remember that, even the luckiest sign (the Dog this year) has its cautions, and the unluckiest (the Dragon and Rooster) have their bright spots. [Read about your sign here...](#)

Two very traditional symbols for the Chinese New Year are Kum Quats or Orange Trees symbolizing wealth and Red Envelops which are exchanged with small amounts of money for good luck (called Hong Bao.)



Lest I forget...HAPPY Valentine's Day too!

If you're in NYC on Feb 7th (and there is still space) please join me at the Yin Ova Center to hear about "How to Feng Shui your Love Life."

'Well + Good' (the very good! blog) quoted me saying on 1/26/11, "Feng Shui's not a magic bullet, but it has created lovers, marriages, and babies in New York!"

Read more about how [Feng Shui](#) works.



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I hope your (Western) New Year has started off on the right foot. But even if it hasn't, you have a second chance on February 3rd. Chinese New Year is upon us and I've posted some useful advice and predictions on my site. Check out the link in the left hand article.

The Year of the Rabbit promises to be a gentler one than the previous Tiger Year. Being a Rabbit myself, I know the year has the potential for some ups and downs. One misunderstanding I often come across is that people think when you're in your own year things are great. In truth, it is referred to as 'Sitting Atop of the Year God' which means luck can go from one extreme to another.

I have every intention to follow my own advice and do the rituals needed (you'll find those in my articles as well) for the protection and fortitude to hold on tight in the ascents and land softly when fortunes reverse.

One early positive for the year came on January 3 in the form of a great article in the New York Times entitled, ["Before Move-In Day, Evicting the Old Auras."](#)

Please check it out. My client



Ziporah was so generous to allow the paper into her home for which I am so appreciative.

Two other pieces of news (yet not quite ready for prime time) are...one, I was filmed for a segment of a very popular reality TV show that will be out this spring and should be fun and informative. Secondly, my 8 credit continuing education course for architects and interior design is about to be launched by Design Arts Seminars. Early this spring I will be telling you about a 'lay person' version of this course online.

I'm sending you and yours every blessing for a most healthy and happy year ahead.

'Gung Hey Fat Choy'
(Wishing You Prosperity),
Judith Wendell