

SACRED CURRENTS

feng shui



Sacred Currents Fall Newsletter

Tenth Issue - October 2008

House Calls are Not a Thing of the Past

Unstable financial markets, pollution, lack of health care, corruption and infrastructure needs are not problems reserved for developing nations. They are right here in the United States. Closer to home, we all have first hand experience of someone who is stricken with a disease, has financial problems, is depressed or stressed, has kids with learning problems or is having trouble getting pregnant.



It is not my intention to paint a bleak picture because as we know there are many things in our lives to celebrate and be grateful for. I am from the era of 'Think Globally, Act Locally'. So what we put in our minds and bodies and what we surround ourselves with, is going to have the greatest influence on us. Healthy individuals create a healthy world, not the other way around.

As I mentioned in my column to the right, nature is in a contracting period in the fall season yet we have tools to bring balance to this time. Your health needs to be supported by your surroundings.

Here are some examples of how I address health concerns with feng shui principles:

1. Each sector of the bagua in your home or office is connected with a body part. For example the 'wealth' area is associated with the hips and the 'career' area with the ear and the area of 'recognition' with the eyes. Each element has its own bodily correlation. The wood element relates to the liver and gall bladder; the water element represents the kidneys and bladder; fire, the heart and small intestines. All of which follows Chinese Medicine.



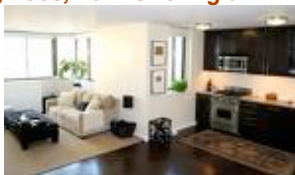
2. If you lay the body face down on floor plan of a home, with the head at the door, you can go to that area of the house where the problems in the body falls in the floor plan and see if there is a disturbance, clutter or some other blockage there.

3. There are many design details in a home or office can signal health problems i.e. sleeping under a beam, having your stove and bathroom share a wall or your office at the end of a long hall.

4. Testing for EMFs (electromagnet frequencies), especially if you are working or sleeping in the field, is critical to good health.

Staying healthy is critical to personal happiness and livelihood. Which in turn affect your family, community and ripple out to the society and world at large. Our most precious commodity is our health. So act locally and make your body, home and office as healthy as they can be.

To that end, between now and December 31, 2008, I am offering a SPECIAL \$270.00 2hr 'House Call', specifically to address a health or financial issue in your life.



This is a \$450.00 Value for \$270.00 ~ my personal 'Economic Stimulus Package'. I will offer this both to new clients, as well as to those returning who want to focus on a particular issue. I am now accepting payments through PayPal for those of you that prefer to use your Credit Card. Get your coupon below and write me for an appointment.

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Fall Happens



These days it may feel like the sky is falling but it is only the leaves. Nature has given forth, expanded to her fullest and now is drawing in. When things get as expanded as they can, all that is left is to return in equal and opposite measure. So this contraction of light, warmth and life, is the perfect response to the abundance of summer.

I for one, resonant with the raising chi of Spring & Summer - the elements of Wood & Fire, respectively. So when the contracting Fall season (the element of Metal) is upon us, I need to work harder to balance my environment and myself in order to function at my best.

Why I love feng shui is that it simply follows nature. All things follow these patterns of expansion and contradiction. If balance is not maintained (as it presently isn't in our planet's atmosphere and our country's financial system) in our homes and offices, our relationships, finances, bodies, etc start to feel the effects and suffer.

Read on find out how feng shui can help your home and business in these unsettled times.

Wishing you all good fortune,
Judith Wendell

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In an unpredictable world we need to have our immediate environments support us, so that we can in turn support others and the world.

Phone consults are available. Contact us at 212-410-1832 or judith@sacredcurrents.com

Offer Expires: Dec 31st, 2008.

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