

SACRED CURRENTS

feng shui



Birds + Bees Do It...

Newsletter 22 - April 22, 2011

Spring season, is often associated with ideas of rebirth and renewal. As the axis of the Earth is increasing its tilt toward the Sun, the warming northern hemisphere significantly causes new plant growth to "spring forth," giving the season its name.

On the Feng Shui template or bagua, the number '3' is associated with early spring and the eastern direction. In the system of 9 Star Ki (ki is 'energy' or 'chi' in Japanese), thought by some to be the oldest form of astrology, the # 3 'Star' is associated with particular qualities as they relate to an individual. To some extent we are all affected by the qualities of the 3 Star at this time of year. Here are a few we may sense within ourselves at this time of year:

- Vitality, strength, directness, optimism.
- The need to stay grounded lest we lose sight of details or get distracted as we rush about.
- The feeling of spontaneity, visions toward the future and the energy to initiate plans.

Just like Feng Shui interprets how space affects us, 9 Star Ki interprets how time affects us. Understanding the subtleties of the combination of your 3 numbers or stars (based on your birth date) can offer you insight into yourself and decisions for this year. Like the environment, our body is made up of 'ki' which changes daily, monthly, seasonally and yearly. Understanding this through the system of the 9 Stars can be life enhancing.

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3	5	7
8	1	6

If you would like to have a [9 Star Ki reading](#), please contact me.

One Day Workshop: Create the Life You Want: Feng Shui Tools for Abundant Living

June 18, 2011 10am - 5:30pm New York Open Center

Rosalie Prinzivalli & Judith Wendell

During our one-day Intensive, you will deepen your understanding and application of Feng Shui as you:

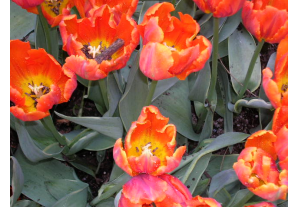
- discover and begin to apply Feng Shui's extraordinary analytical tools;
- learn techniques to manifest your intentions;
- apply simple yet powerful space clearing methods to release unwanted energies;
- explore techniques to help you shift into harmonious thinking for successful living;
- and examine sample floor plans to illustrate challenging design areas.



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It finally seems to be spring here in NYC, with cherry blossoms, magnolia and daffodils in bloom. In my article to the left, I discuss how the season affects us, as much as it does the rest of nature.

As everything seems to brighten out of doors, some of us are drawn to a juice fast, to exercise or spring cleaning - this is the time of year to lighten up. It is a natural response for us to be drawn to these activities, as it is for birds to build their nests.

I've just hired someone to help me get more organized in my office and create more s-p-a-c-e. My desk is located in the 'relationship' sector based on Black Sect Feng Shui. Thus both intimate and professional relationships are affected by the conditions in my office. Based on Flying Star Feng Shui methodology, my office is in the Eastern sector and thus related to the spring season and new beginnings. All of which says, bringing more consciousness to this part of my life and home is very important!

Although spring officially started on March 21st, I am now planning a ritual to clear and bless my space with this season's intention as well as place some well considered Feng Shui adjustments. Btw, if you're interested in a [spring 're-birth' ritual](#) please take a look at the bottom on my newsletter from April of 2007.



Happy Passover, Easter and Earth Day, With blessings for the season and our world, Judith