

# SACRED CURRENTS



*feng shui*

## Sacred Currents Newsletter

Second Issue  
February 2007

### **What's Worth Reading**

- Welcome to our 2nd Newsletter
- 2007 ~ YEAR of the FIRE PIG ~ 4704
- BLISS in Your Bedroom ~ for a year round Valentine

### **2007 ~ YEAR of the FIRE PIG ~ 4704**

*People often wonder why the date for Chinese New Year changes each year. The Chinese calendar is a lunar calendar, based on a 60-year cycle that is represented by the 12 zodiac animals and five elements Chinese New Year falls on the second new moon after the winter solstice (all months begin with a new moon). In 2007 Chinese New Years falls on February 17th and is represented by the Fire Pig (a Pig year and the element Fire).*

*Feng Shui energies also change from year to year. Thus, it is important to be aware of where auspicious and inauspicious energies move at the beginning of each year. To that end, if 'negative' energy moves into an important location in our home or office, we need to mitigate the situation. In the Year of the Pig, the inauspicious energy called 'Five Yellow' or the number 5 in the 'Flying Star' system - symbolizing obstacles and misfortune, arrives in the Northeast. If your office, bedroom, or entrance is in the Northeast, a metal object or wind chime will help to deplete the '5' which is an earth number and metal weakens earth.*



*Another traditional suggestion is to 'Clean House' - before the New Year arrives. The Chinese consider it very important to give the house a thorough cleaning. It is as if you are sweeping away any bad luck that may have*

## Welcome to our 2nd Newsletter



Welcome to the second issue of of Sacred Currents' Newsletter. This issue is all about Chinese New Year ~ 2007 The Year of the Fire Pig. And then for us romantics ~ a year long Valentine. I hope you'll enjoy what is written and learn some things that will improve your **feng shui**. Please sign up your friends who may be interested and feel free to take yourself off the list if you'd prefer not to receive this. However our paths may have crossed, I thank you for being part of my **'Sacred Currents'**.  
**Judith**

**accumulated over the past year. Yet, don't clean for the first few days of the New Year - if you do, you risk sweeping away your good luck!**

***In the Chinese culture, the word "year" is 'nian' which is also the word for a type of animal, which in folklore could hurt or kill a human being. It is thought, when one is lucky enough to be alive for another New Year celebration, it is good luck to give Red Envelopes with money inside, especially to children. Red symbolizes protection against evil or inauspicious Chi.***

**Monkeys and Snakes are in direct conflict with the Pig and have a more challenging year. It can also be difficult when you are in your own year, as is the case for the Pig this year. It is very beneficial for these signs, as well as others, to carry a small Tiger with them at all times (i.e. 3" carved jade Tiger) as the Tiger is the best friend of the Pig. These can be gotten in Chinatown or if you prefer [contact me and I can send you one.](#)**

***Each of the twelve animals will have their own fate in this Year of the Pig. In general, it is predicted that there will be more international conflicts and disharmony. Fire is the symbol of the financial market,***



**which will be strong in the first half of the year and then drop off somewhat in August. Professor Lin Yun Grand Master of the Black Hat Sect of Tibetan Buddhist Feng Shui, suggests that gold will rise in price and the value of the Euro will soar while the dollar will hold steady. He also recommends stocks in the biochemical, pharmaceutical, medical and information technology industries. But to avoid stocks companies involved in metals, construction, fashion, publishing, and beverages.**

**To help insure your Good Fortunes this year and for insight into your own astrology as well as specific feng shui recommendations for preparing your home or office, please contact me at:**

**[Sacred Currents 212-410-1832.](tel:212-410-1832)**

**['Gung Hey Fat Choy'](#)  
**[\(Wishing You Prosperity\).](#)**  
**[Judith](#)****

## ***BLISS in Your Bedroom ~ for a year round Valentine***

In traditional Feng Shui, the things that are closest to us have the biggest influence on our lives. And there is nowhere else we spent as much time as our beds and thus in our



***Just in case you haven't met Judith...or this is your 1st Newsletter...***

Judith Wendell is the founder of SACRED CURRENTS; a company dedicated to creating vital and thriving environments. Judith offers her expertise to corporate and private clients alike. She is equally at home advising on large business premises or small studio apartments - working comfortably from architectural drawings or on-site.

Judith holds a 3 year accredited degree from the BTB Feng Shui Professional Training Program, formed at the request of Professor Lin Yun, distinguished philosopher and foremost authority on Feng Shui.

When working with a client she incorporates her knowledge of Flying Star Feng Shui, Space Clearing, Bau-biologie, Nine Star Ki, The I-Ching and Chinese Astrology, which she has studied with some of the world's most renowned teachers in their field. Judith particularly focuses on clearing and blessing rituals, which are so important for the effectiveness of any Feng Shui adjustments.

Judith has completed courses of study in Neurosensory Development with the Downing Institute in San Francisco, and advanced courses at the Academy of Sound, Color and Movement in Domaine des Courmettes, France. Judith attended the School of Practical Philosophy in New York for 16 years, where meditation and study of the great spiritual traditions are emphasized. She holds a BS in Fashion Merchandising and has enjoyed a prosperous career in marketing and product development.

bedrooms. When setting up a bedroom to support your love life and health, it is important to appreciate what every area of the room represents.

The position of your bed is most important. You should have a clear view of the door without being in line with its path. This usually means that the bed is diagonally across from the door. If the bed must be in the direct path of the door a round clear crystal could be suspended from the ceiling to help disperse the oncoming Chi (the Chinese word for energy). Equally important is having a solid headboard. A headboard is symbolic of having a protective mountain at your back. It also acts as a unifier of relationship  $\text{D}$  two acting as one. Wrought iron or open lattice headboards do not accomplish this.

Energy must flow into your bedroom for a relationship to flourish. Make sure your bedroom door is unobstructed and swings freely thus symbolizing open and clear communications between you and your partner. Also, do not store things under your bed which can limited the healthy flow of energy. Next, to have a balanced relationship the bed must also be balanced by having equal access on both sides. Each side of the bed should have a night table and lamp and never get cluttered. It is also important that your box spring be of one piece  $\text{D}$  undivided. Otherwise, an energetic 'split' occurs over time.



Other than the bed, the area of the bedroom that is most significant for a good relationship is the SW or back right hand side of the room. This is the area that is considered to represent marriage, partnership, romance and nurturing. Healthy plants are a good

symbol here for your growing relationship. Pictures of the two of you (or anything in pairs), fresh flowers and candles particularly in the colors red, white or pink, strengthen this area. An oval or round mirror in this area can be a symbol of expanding unity and wholeness in your relationship. The color of your bedroom can range from terracotta to the softest pink because these are the colors associated with joy, love, and romance. But the color peach is not considered a stable one for a long lasting relationship but good for sexual encounters. Beige, brown, yellow and taupe are fine for the bedroom too, because these colors represent trust, connection, and growth. Relationships desirous of ensuring sensual bliss should use red or pink sheets. If this does not fit your personal taste, try putting a red sheet on the underside of the mattress (next to the box spring). Red is considered a particularly auspicious color. It connotes happiness, sensuality and act as a protector. It is important to always crack at window again allowing for the healthy flow of air and chi.

Start to recognize that everything holds a vibration and potential meaning. In this way you can put the meaning you want in your bedroom and relationship. Placing mundane and transcendental objects (i.e. a crystal) with intention is a big part of what give them potency. And who does want a potent relationship!

Judith brings her lifelong interest interior design and architecture to her work, recognizing that beauty and order are integral to well-being. She is available for residential, corporate and retail consultants.

#### Gift Certificates:

*For a very special gift that no one will want to return call me at 212-410-1832. Together we will put together the perfect feng shui consultation for someone who will benefit throughout the year. A consultation also makes an extremely useful and intimate wedding gift. The certificates are beautifully printed and come with a multi-page brochure, which makes for a lovely presentation. A Gift Certificate from Sacred Currents ranges from \$180 for an hour phone consult, to \$1800 for a full day, on site clearing and feng shui assessment.*

[Find out more...](#)

#### Quick Links...

[Sacred Currents Services](#)

[Our Press](#)

[Our Client Referral Program](#)

[Volcanic Mineral Defends the Health of Your Cells...find out about NCD](#)

#### **Join our mailing list!**

FYI...the Crystal in the photograph above is by [Dr Emoto](#). He has tested the effects of words, prayers and thoughts on water and then photographed the resulting crystal formations. The crystal above was formed when the word LOVE was repeated. The human body is 70% water ~ think about it!

email: [judith@sacredcurrents.com](mailto:judith@sacredcurrents.com)  
phone: 212-410-1832  
web: <http://www.sacredcurrents.com>

[Forward email](#)

 **SafeUnsubscribe®**

This email was sent to [judith@sacredcurrents.com](mailto:judith@sacredcurrents.com), by [judith@sacredcurrents.com](mailto:judith@sacredcurrents.com)  
[Update Profile/Email Address](#) | Instant removal with [SafeUnsubscribe™](#) | [Privacy Policy](#).

Email Marketing by



Sacred Currents | 11 East 88th Street | New York | NY | 10128