

SACRED CURRENTS

feng shui



Sacred Currents Newsletter

Sixth Issue
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In this season of *MORE*...more eating/drinking, buying/returning and general indulging, I am finding that what many people want is *LESS*.

Less stress, less stuff to deal with, less junk mail (hope this doesn't qualify), less places to be and things to do. So how can we experience the *Gift of LESS*?

Worth Reading...

- Welcome to our Year End Newsletter
- The Luxury of LESS
- The Gift of LESS
- Before We Close the Door on 2007

The Luxury of LESS

Luxury is defined as having "opulence, splendor, extravagance, indulgence." I would not think of any of these definitions in relation to "Less" ~ a word often associated with lack. So what is the Luxury of Less?

For me the Luxury of Less is having enough time to read an article that catches my interest, to call a friend who crosses my mind and to have a clear desk at the end of the day. Not saying 'yes' to everything that comes my way is indulging in the Luxury of Less.

A quote I love is by Anne Morrow Lindbergh. She said, "One cannot collect all the beautiful shells on the beach; one can collect only a few, and they are more beautiful if they are few".

Space around the 'things' in our lives, that is the Luxury of Less. The New Year is the perfect time to 'weed' the garden of our lives. I think the most important place to create space is in our own hearts and minds.



For me, the Luxury of Less is actually an affirmation of

Welcome to our Year End Newsletter



Welcome to the Sixth Issue of Sacred Currents' Newsletter.

Coincidentally, the number SIX on the Feng Shui Bagua or template, is associated with the Heaven Principle, the metal element and most yang time of year.

It is this time of late fall, early winter when nature contracts and withdraws into the earth. The shortest days of the year and the greatest period of darkness are upon us.

Hence it is the time of the year that we enjoy the beautiful displays of light that the holidays bring. It may also be the time when we look at where

abundance ~ knowing that there will always be More.

The Gift of LESS

The gift of LESS, can offer rest to the heart and mind.

One way to facilitate this, is with a Feng Shui / Space Clearing session for yourself or someone else. Starting the New Year with clarity, beauty and an environment that truly supports your purposes, is the gift that pays dividends all year long.

Please [email me](#) to find out how you can order a certificate for a one-hour phone consultation or a full day site visit. A click to my [site](#) will give you a full description of what a consultation can include.

My gift certificate is sent to you ready to be presented with a handmade Brass Bell ~ a traditional Feng Shui adjustment, to provide protection and clarity for the year ahead.

Gift certificates will be available all year...and they make perfect presents for weddings, a new home, a promotion or any period of transition.



February 7th is Chinese New Year ~ The Year of RAT. In my next newsletter, I will talk about the tendencies of the year. This is an important time to place new adjustments in your environment ~ to enhance good prospects or to protect against those that are less auspicious.

Clients who have worked with me in the past, will receive a 20% discount for scheduling a consultation before the Chinese New Year!

Before We Close the Door on 2007

In my last newsletter, I promised to get back with an update on the 2 stadiums being built in New York. If you haven't yet seen the [NY Post article](#), please check it out.

we want to head in the coming year. This number SIX gua or "Chyan" in Chinese, relates to the head on the body, travel and to 'benefactors' or helpful people in our lives. As it follows, it is also a time to remember those who are dear to us and thank them for being in our lives.

As you enjoy the season...and some indulgences ; - } ...read on and see if there is somewhere you can do LESS, leaving space for what you truly want in your life this coming year.

I wish you, your families and our world, Peace & Blessings of every kind.

Judith Wendell

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