

# SACRED CURRENTS

*feng shui*



Many of us are aware that the Chinese term FENG SHUI translates to mean WIND + WATER. Water and Air are 2 elements without which there would be no life as we know it. The following Chinese poem is thought to describe the ideal conditions:

*The winds are mild  
The sun is warm  
The water is clear  
The trees are lush  
That is good feng shui*



This past weekend the East Coast experienced less than ideal conditions, as Hurricane Irene paid us a visit. This was Wind + Water in excess.

The key to Feng Shui is balance. Balancing the yin + yang chi of the environment, in order to bring harmony to its inhabitants is 'good' Feng Shui. As the Earth becomes more out of balance, extreme weather conditions will be common.

In a recent newsletter I quoted a parable about the 'rainmaker', which distills down to this...when we get ourselves into balance, nature follows. Each new season gives us an opportunity to pause and reflect. As we start to transition into a new season let's take whatever measures we can to bring balance into our lives.

**I invite you to join me at one of the events or classes I will be speaking at this Fall...starting with Clodagh's Studio Sept 15, 2011. Write for details And a Free Introduction to my 3 night Ritual Class on September 12, 2011 at the New York Open Center.**

In the next couple of weeks I will write again with my full schedule for Fall.

*Wishing you a Unlabeled Labor Day Weekend - Celebrate Mother Earth!  
Judith Wendell / Sacred Currents*



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